



“ Delaying aging and staying healthy is a long-standing process that requires the active participation of the individual and the faithful adjustment to the proposed corrective actions for the rest of his/her life. ”

Dr. Marios Kambouris PhD FACMG
Yale University School of Medicine
Scientific Director Gonidio® Ltd



Anti-Aging Beauty

DNAtesting



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Personalized
Predictive
Preventive



identify & address your personal
needs for a youthful appearance

Achieve an optimal youthful and healthy appearance



DNA: Our Genetic “Blueprint”

Our genetic material defines every aspect of our life, right from the definition of our physical features to our “gifts”, our disadvantages and our susceptibility to disease. Although more than 99.9% of human DNA is identical among all people, it is the remaining 0.1% that makes us each unique. These tiny differences are called mutations and define our differences with other people. Mutations in our genetic material make us unique, give us special abilities and advantages, but also create barriers and cause increased susceptibility to diseases compared to general population.

Predictive Genomics: Read, React & Respond

The key of reading, reacting and responding to our DNA lies in Predictive Genomics. This is the field of medicine that deals with the detection of mutations in our DNA and the use of this genetic information to make a relative prediction, regarding the physical condition of individuals or their risks to disease.

Identifying these mutations is a precious tool which can help us to try modifying the risks or enhance our abilities by applying the appropriate medical, nutritional and lifestyle recommendations

Gonidio® Anti-Aging Beauty DNA testing

Our genes indicate our weaknesses so that we can take the necessary measures to delay the onset of aging, stay healthy, and look and feel our best for as long as possible!

Other Gonidio® DNA Predictive Genomics Tests include:

- Health & Wellness
- Weight Control
- Sports Performance
- Gonidio Plus (full package)

identify the genetic causes that result in the aging of your skin

Identify your genetic needs to delay the onset of aging



What do we test for?

Our Anti-Aging Beauty DNA Test detects mutations in certain genes which affect skin aging. It also detects mutations in genes that control nutrient (food) metabolism and your susceptibility to diseases, affecting not only the appearance of your skin but also your general health status.

"Your DNA determines when you start showing signs of aging, how quickly and at what rate your skin ages, which is unique to you!"

What can you learn from your results?

Your genetic profile will detail your risk of early aging, so that you can take action straight away; we'll help you to prevent early damage to your skin in the most efficient way, as well as providing you with information on:

- How your genes determine your skin's ability to make collagen and protect from the formation of wrinkles.
- How and at what level you are genetically protected from environmental factors that accelerate the aging process and result in the early appearance of wrinkles.
- The efficiency of the anti-oxidative ability of your skin, being its ability to defend against factors that cause important damages to skin cells.
- The genetic ability of your skin cells to replenish in order to prevent premature formation of wrinkles.
- If your skin is at increased risk of irritation caused by the chemicals you use routinely, such as detergents and cleaning products.
- If your skin is at increased risk of skin cancer (melanoma), because of reduced genetic protection from sunlight radiation.
- If you have increased of early hair loss (both for women and men)
- How your genes affect your metabolism, the health of your skin and your general health.

identify your nutritional & cosmetic needs for anti-aging and optimal health



How can you benefit from this information?

By learning about your genetic profile in respect of the specific causes that result in skin aging, we can recommend appropriate preventive measures to delay the onset of aging and the formation of wrinkles. We will provide you with personalized information about your genetic nutritional, so that you can protect your skin from many factors that are responsible for aging, and manage them in the most efficient way.

Value Added Services

We also offer a number of services based on your DNA Anti-Aging & Beauty results, including:

- A Personalized Nutritional Consultation and Diet plan, aimed giving you the opportunity for a youthful, healthy appearance and optimal health, based on your own personal needs.

Personalized Cosmetics & Nutritional Supplements

Your genetic profile can be used to provide you with personalized nutritional supplements and a personalized line of cosmetics which are:

- 100% organic
- based on the results of your DNA test
- produced to satisfy the specific needs of your body
- Necessary in your daily routine for a youthful and healthy appearance

GENES TESTED ARE RELATED TO:

DERMAGENOMICS

- Collagen Synthesis
- Skin Anti-oxidation
- Skin Irritability
- Skin Detoxification
- Skin Replenishment
- Skin Cancer (Basal Cell Carcinoma)
- Skin Cancer (Melanoma)

EARLY LOSS OF HAIR (both for men and women)

NUTRIGENOMICS

- Lipid metabolism
- Folic acid metabolism
- Iron absorption & storage
- Inflammatory response
- Anti-oxidation
- Detoxification
- Salt Sensitive Hypertension
- Alcohol metabolism
- Caffeine metabolism
- Lactose tolerance
- Gluten tolerance

Explore your genes,
improve your life quality!



Sampling Procedure

Sampling of your genetic material (DNA) is painless, lasts for a few minutes and does not require a blood sample. It involves taking cells from the inside of your cheek with a specially sterilised buccal swab.

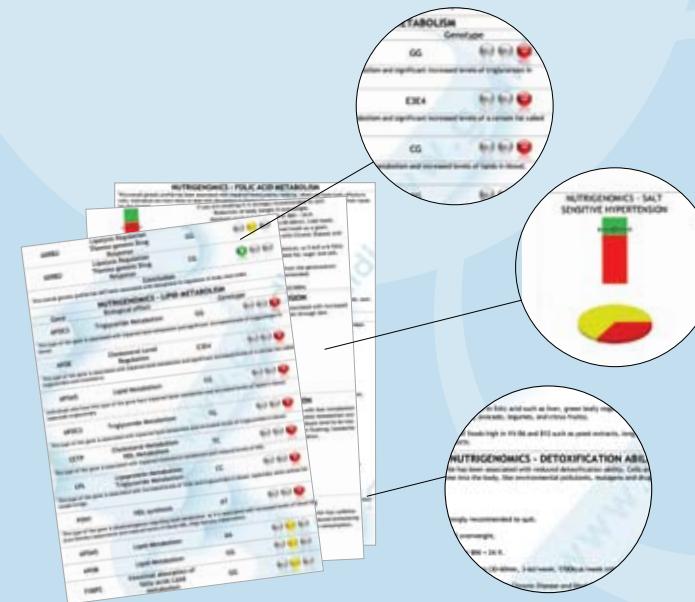
At our Molecular Genetics laboratory, your DNA is isolated and then analysed for detection of mutations.

You have full discretion over your personal data; a unique code number is assigned to your sample during testing so that the only person who knows your results is you.

When we have completed the analysis of your sample and delivered your results, your genetic material is completely destroyed.

Sample Report

Each panel requires analysis of multiple genes. The first part of this report displays the personal test results including which genes were tested and the date the results were compiled. The interpretation of the genetic results is presented to help you understand the impact of these genes on the test panel that Gonidio® is conducting. This is followed up with useful information and your own personalized guidance regarding nutrition and lifestyle.



Privacy Statement

At Gonidio®, we are committed to protecting your privacy. All genetic DNA test results and any personal information are maintained under a strict policy of confidentiality. Under no conditions will this information be released to third parties in a way that discloses personal information, except with your permission. Your personal information will not be disclosed to anyone outside of Gonidio® nor within Gonidio® except as needed by those conducting the genetic screening and by those assembling your report, except with your permission.